

Compass Rose

March-May 2015

Benedictions... a few good words from your minister

Exercising Influence, Creating Congruence

by Rev. Ben Meyers



In early February, I participated in the Excellence in Ministry Institute with over 450 UU ministers. For four days I engaged in a seminar focused on building multi-cultural, multi-racial, multi-generational communities. It was a singularly enlightening experience.

We were encouraged by the seminar leader, the Rev. Jackie Lewis, Senior Minister of the Middle Collegiate Church of NYC, NY, to engage ourselves to move beyond the places we usually stop, get stuck, or fall short of living out our vision for the "Beloved Community," a phrase first coined by Josiah Royce, but one lifted into the American conscience by the Rev. Dr. Martin Luther King, Jr. The week covered many topics, ideas, and themes, but two stood out for me as I considered our shared ministry at UUSM.

The first involves the transition from being a community engaged in accepting its own diversity, into becoming a community that consistently creates and celebrates itself as multi-cultural, multi-racial, and multi-generational (aka a Beloved Community). To do this, a congregation must be encouraged to try...and fail...and try...and fail – again and again – knowing that it is courageously attempting to create something that has never in its history existed before; knowing full well that it will "get it wrong" while on the journey towards fulfilling its mission (e.g., to transform ourselves and the world!).

My experiences while traveling for the first time to our partner church in the Philippines provided ample opportunity for me to try on this type of fearless "trial and error" transition. I was keenly aware that I was, at times, culturally clueless and, at others, possibly

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Mission, Vision, and Purposes Unitarian Universalists of San Mateo

Mission

We are a religious community of open hearts and open minds working together to transform ourselves and the world.

Vision

We are a growing, welcoming, and diverse congregation, grounded in and living out our liberal religious values.

Purposes

Worshipping

A sense of transcending wonder inspires our life together as a religious community. Through a diversity of services and rituals, we open our hearts and minds, and are moved to take action in the world.

Caring

All people are welcomed, dialogues flourish, and relationships grow and deepen through joyous and difficult times. Individually and collectively, we exemplify love, compassion, respect, and hospitality, both within our congregation and in the greater community.

Connecting

We invite and encourage all congregants to participate in congregational life, and we create opportunities, through social and spiritual fellowship, for everyone to form deep and lasting connections. We create meaningful connections with other Unitarian Universalists, and with other religious and service groups.

Learning

We have a cohesive and engaging lifespan religious education program, which inspires us to understand Unitarian Universalism, to nurture our spiritual growth and identity, to live in accordance with Unitarian Universalist principles, and to develop our leadership abilities. Our religious education program attracts and serves the greater community.

Acting

We demonstrate our liberal religious values through effective social action, providing leadership and creating partnerships in the local community and beyond.

Giving

We are generous with our time, talent, and money. Through our stewardship, our congregation thrives, and we create greater justice, equity, and compassion in the local and global community.

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Unitarian Universalism's Principles and Purposes

As a member congregation of the Unitarian Universalist Association, we at UUSM covenant to affirm and promote:

- The inherent worth and dignity of every person;
- Justice, equity, and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of conscience and the use of the democratic process within our congregations and in society at large;
- The goal of world community with peace, liberty and justice for all;
- Respect for the interdependent web of all existence of which we are a part.

Caring for One Another

by Pam Gehrke, Lay Chaplain Coordinator



This winter has brought a season of loss to our community. Several beloved longtime members have died, and a number of us have lost loved ones, near and far away. Of course, death is part of life, and we are mindful that change is the only constant we can depend on. That being said, I don't remember often experiencing a wave of sadness such as this, and I know grief weighs heavily on many among us.

Offering for Grief

by Nancy Shaffer

Look! I have made this bowl
for you, this large dark blue one
with lilies etched across the bottom,
around the sides.

I have cleaned this box for you,
lined it in soft brown wool.
Have set it here by the stove,
warm.

You could lie under the mulberry tree
at the edge of the garden,
wait in grass for lacewings and evening.
Or lie on the bed, light falling near.
Sit on the bureau.

What I mean to say is:
I will make a place for you.

We can all bring our aching hearts to UUSM – in this season as always. The bonds of love and friendship we share offer space for the many facets of grief: anger, regret, guilt, sadness, and fond memories of our departed beloveds. Grieving includes deep and complicated emotions, and we don't have to suffer alone. As we work together and support one another, please remember you are welcome to seek out a Lay Chaplain for spiritual care in the form of pastoral listening: Charles Dymond, Jennifer Kiernan, Reeba Lynn, Jennifer Martin, Ann Mason, Kim Mortyn, James Roberts, Teri Goggin-Roberts, Joanne Rovno, Steve Rovno, or me.

Special Program on Mental Health Ministry: "The Caring Congregation"

This seven-session curriculum is about to begin as the *Compass Rose* goes to press. It will help enhance our congregation's welcome, inclusion, and support of individuals and families coping with mental illness. The course includes an introduction to the categories and treatments of the most common disorders, and it addresses prejudice, myths, and stereotypes. The role of religion, spirituality, and congregational life in recovery, and the history of mental health care offer additional rich topics for dialogue. We will also explore possibilities for UUSM's ongoing mental health ministry. Join us!

Article Submissions

Articles for *Compass Rose* (max. 500 words) may be submitted for consideration to office@uusanmateo.org. (Contact the office if you have ideas for longer articles.) Poetry, photos, and art work are also welcome. Deadline for the next issue (covering June-August 2015): **May 14, 2015**.

Events and calendar items for *Compass Rose*, the UUSM website, and other UUSM publications may also be submitted at any time to office@uusanmateo.org. Please include a title, inclusive dates and times, location, blurb (max. 50 words), cost (if any), and contact information. Longer announcements may be considered – please contact the office. All submissions are subject to editorial discretion and revision.

Compass Rose

A compass rose is a diagram, usually displaying the cardinal directions of north, south, east, and west, that appears in virtually all maps, charts, and other navigation systems. (The "rose" in the term refers to how the compass points resemble the petals of the flower.) It is our hope that *Compass Rose*, the quarterly journal of the Unitarian Universalists of San Mateo, will likewise serve as a guide to help you get your bearings as you travel in your spiritual journey.



What Do Unitarian Universalists Believe?

by Connie Spearing



That is a question we frequently hear from visitors or church-shoppers. We have our mission statement and are encouraged to have an elevator speech ready to recite, but sometimes I suggest they discover the answer for themselves by browsing through the hymnals. There, laid out and organized by category, is a treasury of Unitarian Universalist thought.

Consider the table of contents. It is organized under headings that begin with Transcending Mystery and Wonder and include Wisdom from the world's great religious and secular traditions. If the message is not clear from the songs, there are readings for worship or meditation in the last section. The Sources of our faith may be implied in the format, but our Principles infuse the entire collection. No book can replace the first Source of *direct experience of transcending mystery and wonder*, but it is handy to have a compiled work for reference and inspiration. Of course, others have noticed the philosophical value of the hymnal. Someone recently pointed out that the latest edition lists our Principles and Sources right before the opening hymn, "May Nothing Evil Cross This Door."

A good book requires good organization, but the alchemy of music is that it operates on levels beyond the intellect. Sometimes a familiar melody evokes a memory. Sometimes it is the melding of thoughts with melody that moves me, and sometimes the words don't matter. It doesn't matter if we are singing in Hebrew, Latin, or Swahili. All that matters is that we are breathing together.

Of course, I invite people to join the choir for an immersion course and a spiritual practice. Even if they insist they

cannot sing, I urge them to make a joyful noise with the congregation. I suggest they read through *Singing the Living Tradition* and *Singing the Journey* as if hymns were catechism; but most important of all, keep coming back until the music sinks into the soul. That is what works for me.

We can each sing in the shower and probably do, but something else happens when we all sing together. I didn't start out singing with the choir. I joined UUSM during the tenure of an interim minister and felt the singing was the best part of the service, so I wanted more. I continue to be grateful for the choir which permits me to sing my faith in their fellowship, not once but twice a week. Sometimes the choir receives thanks for its service, but it doesn't feel like service; it feels like a privilege.

I have my favorite hymns, too numerous to name; and many times a particular selection is perfect for my mood of the moment; but when the entire congregation stands and launches itself into "Building a New Way" or "Spirit of Life," I am transformed. I cannot hold back. My heart is opened as my voice joins in congregational harmony and the universal breath sings through me.



Photo by Tom McCune

What Is Your Carbon Footprint?

by Christy Conklin

As we work to measure and reduce our daily contributions to global warming, it can help to think about the bang for the buck each one will entail. Some things are easy and cheap, while some require investment, with longer term benefits as well as savings. Buying a hybrid car can save nearly \$4,000 in gas a year, and cutting your home energy use will dramatically lower your monthly PGE bill!

Start with the easy and cheap things, while saving and planning for the bigger ticket items that will pay you back over time. The journey starts where you are!

When you have made a change, however small or large, write the number of pounds of carbon you have saved on a paper leaf and add it to our Tree of Life in the Sanctuary. Encourage the kids and youth to do this, too! Together, as the spring progresses, we will grow a lush green tree that marks our actual results in reducing our community's ecological impact.

And stay tuned for 30 Days of Action, the national UU advocacy and education program on climate change. From March 22 to April 22, we will join other congregations around the country to focus on climate change as both a personal and political issue. To learn more and get involved, please contact me, Connie Spearling, Barbara Du Mond, or Caryl Hughan.



Action	Bang (lbs. of carbon saved per year)	Bucks (initial expenditure)
Don't take one 2-hour flight	2,000 lbs.	\$0
Recycle second fridge in your garage/basement	2,500 lbs.	\$0
Turn off unused lights	380 lbs.	\$0
Wash clothes in cold water	250 lbs. per weekly load	\$0
Turn down water heater to 120 degrees	150-500 lbs. per 10 degrees reduction	\$0
Reduce trash output from 35 gals to 20 gals per week	1,350 lbs.	\$0
Drive in a mellow fashion	1,200 lbs. per vehicle	\$0
Reduce driving by 20%	400-4,000 lbs.	\$0
Limit thermostat to 65-68 for A/C and 55-58 for heat	1,400 lbs.	\$0
Buy rack and air dry laundry	200 lbs. per weekly load	\$25
Replace incandescents with CFLs	100 lbs. per bulb	\$15
Install surge protectors and turn off electronics after use	500 lbs.	\$40
Replace halogen lamp with CFL lamp	475 lbs.	\$40
Install programmable thermostats	600 lbs.	\$50
Wrap water heater in insulating jacket	175 lbs.	\$100
Regular car tune ups and tire pressure	1,500 lbs.	\$250
Buy energy star refrigerator	500-2,500 lbs.	\$1,000
Replace washer/dryer with energy star	1,300 lbs. year	\$1,000
Install on-demand hot water	3,600 lbs.	\$1,000
Insulate house	up to 2,000 lbs.	\$5,000
Install energy star furnace	1,300-2,400 lbs.	\$8,000
Install solar panels	13,000 lbs.	\$8,000
Install energy saving windows	up to 10,000 lbs.	\$10,000
Buy high MPG car (40 mpg)	5,000-10,000 lbs.	\$10,000
Buy hybrid/electric car	13,000 lbs.	\$10,000



Photo by Tom McCune



Henry Farrow, 7, reciting his award winning MLK essay.
Photo by Tom McCune



Photo by Tom McCune

2015 Martin Luther King, Jr. Reception

January 17, 2015



Photo by Tom McCune



Photo by Caryl Hughan

Exercising Influence, Creating Congruence

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inept or even insensitive. Nonetheless, I was assured that my attempts to speak the language, observe the customs, and engage authentically with people (with whom I thought I had little in common) would be met with complete acceptance, understanding, and more than a few smiles of appreciation. This proved correct!

The other persistent idea from the seminar was the invitation to never miss an opportunity to extend our influence as agents of change; to consistently exercise (and deepen) our influence in the world in order to bring about the change/transformation we seek. Again, the emphasis was on our willingness to try and to fail, to “get it wrong” again and again, while on our way to becoming what we need to be in order to fulfill our mission as a healthy, vibrant, and effective beloved community in the world.

I think that the best you and I can do in this life is to exercise influence and act in congruence with our values. When we have influence, we can shape a desired end, but we can never assure it. Sure, we can exercise, eat right, watch our stress levels, brush our teeth, wash our hands, and bathe regularly. All of these influence our health, but none of them can assure it. Our healthy practices cannot overcome errant viruses, cancer cells, runaway trucks, or acts of violence. Similarly, our desire to create and maintain the beloved community requires consistent effort and congruence of action, but they cannot assure that we will be successful in being the change we wish to see in the world.

So...should we throw up our hands and eat Krispy Kremes in front of the TV? I think not. Should we quietly acquiesce to the way things are instead of attempting to make a world that doesn't yet exist? By no means.

But how, you ask, do we do this?

By continuing to do what we already know works:

Offering welcome to those new to our community each week,

Inviting people to participate and connect in meaningful ways,

Giving love, support, and solace to everyone in need of its healing balm,

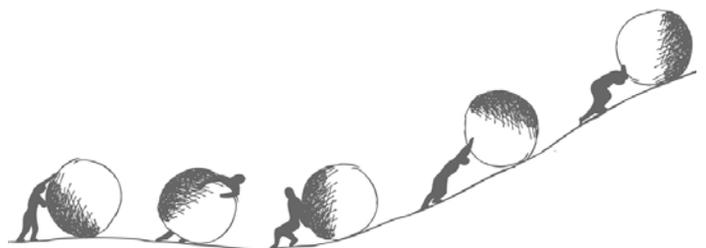
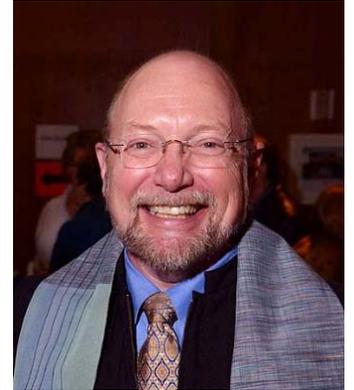
Sharing the value we have found in this community with others,

Supporting our children and youth in both tangible and unseen ways,

Being true to our mission and purpose and the changes it brings.

The next few months will be prove an important period for us as a congregation, with ample opportunities for us to be and become both more of what we already are and also who and what we need to be in the future. In concrete terms this includes our decision about our location and how we will provide for the physical needs of our people and mission. It also includes the upcoming stewardship drive, our annual discernment process that provides for mission delivery.

Spiritually, this means influencing one another in ways that are congruent with our highest aspirations, dreams, and desires. Acting on this type of influence can both calm and stir the waters of our souls and urge us on to new possibilities. In this way we are offered the opportunities to experience something new, and to grow from it. We will be inspired to new ways of life, led to new insight, and motivated to greater meaning in our lives. With such diligence, we become who we are meant to be.



Communique from the Operations Group

Chat with any of the OG members (Karyn Collins, Mark Eggleston, James Roberts, Bryan Williams, and Francesca Guido, Chair) and you will find out how excited they are about 2015.

Several projects assigned to the Operating Group are coming to fruition. Very soon you will see new and improved signage outside our building, funded in part by a Chalice Lighter Grant; thanks go to Bryan, retired OG member Mark Wandro, and Pat Nicholson. The Sanctuary will have an improved audio system by the end of the quarter due to Mark's effort. You have a new photo directory in hand with the aid of Francesca's committee. The Auction, headed by Karyn, was outstanding. James (who is leaving UUSM all too soon!) is coordinating the OG's contribution to the Stewardship Drive. And there is always more – we invite your issues and comments.

Opportunities to Serve

Talk to Tom Newman, Facilities Chair, if you can aid the search for a **Kitchen Coordinator**. One of duties of that role would be keeping kitchen equipment orderly. Another would be overseeing Coffee Hour. (The loss of Linda Jacobs left a hollow place in UUSM's support net.)

Many silent kitchen ninjas serve you at Coffee Hour. Have you noticed? A coordinated rotation of those who **help tidy up** could use you, please. (Our custodian Marco does the big jobs.)

Every Sunday there is a need for light, healthy refreshments. The choir members are only some of the people who need sustenance after the service. The kids usually have had their snacks, but that doesn't stop them nibbling. You probably look forward to a goodie, too. So, take a turn at bringing **snacks**, please, won't you?

Francesca has too many hats. That is why she is looking for a new **Usher Coordinator** who will see that we are supplied with **ushers** and **greeters**. At every service, year in and out, they add to the hospitality of our congregation. It's not hard at all – teenagers are especially welcome to try it out.

If you are even curious about any of the Sunday roles, you can contact Francesca Guido at 650-340-8979 or fantine@sonic.net (for now). If you are ready to jump on board, go to **SignUpGenius**

(linked in the E-announcements). Thank you. Thank you. Thank you. You make UUSM a welcoming place.

Save the Dates!

There will be a workshop on **Creating Beloved Community** at San Luis Obispo, Saturday, **March 21**. Teams from congregations are invited to participate. If you RSVP by **March 1**, the hosts may be able to house you. Information available from PCD.

There will be a **Seder** celebration on Saturday, **April 4**. This is always a well attended event, very meaningful, and offers a delicious meal as well.

The **District Assembly** of the Pacific Central District will be a one-day affair on Saturday, **April 25**. It's only as far away as San Francisco, and we can carpool.

All the many parts of UUSM life are scheduled at the **Program Planning Meeting**, set for Thursday, **May 7**.

Saturday, **June 13**, will find UUSM representatives at the annual **San Mateo County Pride Event**, held at Central Park, San Mateo. Contact Carol Cook if interested.

Even if you don't usually attend **UUA General Assembly**, note that this year it will be in Portland, OR, Wednesday to Sunday, **June 24-28**. Renting a bus for the journey may be feasible. The focus will be on Climate Justice. After GA, attendees will share with our congregation what they have experienced and learned about the topic.

For our **Annual Picnic** on Sunday, **September 13**, we've put in a reservation for picnic tables and grills, again at Central Park, San Mateo. Everyone is invited to the party and to help plan and carry out the project. Your share of the work could be as simple as toting a load, or it could be taking charge of games or activities for the kids (Oh, you know the grown-ups like to play, too). Francesca Guido has the wisdom of many past picnic committees ready to guide you.

The UUSM office should be able to guide you to more information on the above events.

Announcements and Events

Upcoming Services

Worship services take place at UUSM on Sundays, 10:00-11:00 am. Please check www.uusanmateo.org for more information.

Religious Education

All Ages, All Year Social Justice – What Is Your Carbon Footprint?

Explore with the adults or with the children and youth what makes up your carbon footprint – and how to put it on a diet! We are discussing Transportation, Food, and Consumption over various Sundays this spring. Watch the Religious Education Bulletin Board for ideas and information about cutting out calories in your footprint. Join us in this global work and slim down your carbon output! We are the ones we have been waiting for!

Youth-led Worship

Worship Leaders: High School Youth Sunday, March 1, 10:00-11:00 am Sanctuary

Come enjoy a meaningful worship experienced planned by the High School Youth. All ages welcome. 3rd grade and up are highly encouraged to attend. There will be no Religious Education this Sunday. Childcare and nursery care available during the worship service and adult Coffee Hour.

UUSM Parents Open Circle

Sundays, March 8, April 26, May 10, 11:30 am-12:30 pm Cottage Living Room

We gather to help each other raise our children in emotionally and physically healthy ways, as well as alleviate some of the stress of parenting. Childcare provided. For more info, contact facilitator Sara Shafiabady at 650-430-6277 or sarashafiabady11@hotmail.com.

Spring Egg Hunt

Sunday, April 5, 11:15-11:45 am Courtyard, Petite Sorbonne

On Easter Sunday, there will be a Spring Egg Hunt after the service. Children 6 years and younger should meet at Petite Sorbonne, and youngsters 7 years and older should meet in the

UUSM courtyard, by 11:15 am. There will be no Religious Education this Sunday. Happy Hunting!

Mystery Friends Reveal and Sundaes Sunday

Sunday April 12, 11:00 am-12:00 pm Beck Hall

Mystery Friends will get to meet that special person they have been corresponding with over the past two months and get acquainted over an ice cream sundae. (Don't worry; there will be ice cream for non-Mystery Friends as well, and non-dairy treats for those with diet restrictions.) There will be no Religious Education this Sunday.

Multigenerational Worship: Coming of Age Service

Worship Leaders: Rev. Ben Meyers, Nancy Jasa, and Coming of Age Youth Sunday, May 10, 10:00-11:00 am Sanctuary

Come celebrate the journey of our Coming of Age youth this year. All ages welcome. 3rd graders and up are highly encouraged to attend. There will be no Religious Education classes this Sunday. Childcare and nursery care are available during the worship service and adult Coffee Hour.

There will be no Religious Education on Sunday, May 24 due to the Memorial Holiday weekend. Nursery care and childcare available all morning.

Multigenerational Worship: Appreciation Sunday and Flower Communion

Worship Leader: Rev. Ben Meyers Sunday, May 31, 10:00-11:00 am Sanctuary

All ages welcome. There will be no Religious Education classes this Sunday. Childcare and nursery care available during the worship service and adult Coffee Hour.

Religious Education Appreciation Luncheon

Sunday, May 31, 11:30 am-1:00 pm Courtyard

We honor our talented and dedicated religious educators with a catered lunch and give them a chance to enjoy one another's laughter and conversation.

Memorial Services

We will be holding celebrations of life for several dear UUSM members who have passed away recently.

Randy Silver Memorial Service

Saturday, March 7, 11:00 am Sanctuary

Howard Weisberg Memorial Service

Friday, March 20, 10:00 am Sanctuary

Jeannine Feldman Memorial Service

Saturday, March 28, 1:00 pm Sanctuary

Jerry Motto Memorial Service

Saturday, April 18, 10:00 am Congregational Church of San Mateo, 225 Tilton Ave., San Mateo

Community Events

Congregational Meetings

Sundays, March 15 and April 19, 11:30 am-1:00 pm Sanctuary

Be sure to join the upcoming Congregational Meetings. We will vote on the possible purchase of the Pilgrim Baptist Church at the March 15 meeting. And we'll be choosing our new Board of Trustees and Nominating Committee members for 2015-2016 at the April 19 meeting. Childcare available.

First Friday Family Fun Nights

Every 1st Friday, 6:30-8:30 pm (next dates: March 6 – Offsite; April 3 and May 1 – Beck Hall)

Join this monthly multi-generational family night with pizza and salad. Cost: \$5.00/adult, \$2.00/child, up to a maximum of \$15.00/family (plus your help cleaning up afterwards).

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Save the Date!
Pacific Central District-UUA
 District Assembly 2015

Walking a Faithful Path

Saturday, April 25, 2015
 First UU Society of San Francisco

Program Council Planning for 2015-2016

Thursday, May 7, 6:30-9:00 pm
 Beck Hall

UUSM leadership and staff gather to plan and calendar the upcoming program year.

Social Action

Home and Hope at UUSM

March 1-8

Five temporarily homeless families will live as our guests in Beck Hall for a week. To volunteer, please sign up at <http://tinyurl.com/HH-Mar2015>, or contact Joy Thomas at 650-520-9997 or joybeach@gmail.com.

Social Justice Sundays

Every 3rd Sunday, 11:00 am-12:00 pm
 (next dates: March 22 and May 17 – no event in April)
 Beck Hall

Check out the Social Justice tables in Beck Hall! Be the change you wish to see in the world! For info, contact Caryl HUGHAN at 650-692-4147 or educaryl@gmail.com.

Low Carbon Diet Meetings

Sundays, March 22, April 26,
 May 17, and June 14, 11:30 am-
 12:30 pm
 Sanctuary (Beck Hall on May 17)

Join this ongoing study/action group that is working to analyze and reduce our environmental impact. For info, contact Christy Conklin at 650-712-1671 or christina.conklin@gmail.com.

Climate Justice Month

March 22-April 22

Commit2Respond, the new UU climate justice movement, has called for 30 Days of Action between World Water Day and Earth Day. We'll participate with activities that: Revel in the natural world, Reckon with the impacts of climate change, Reconnect with those impacted by our energy sources, and Commit to long-term change. For info, contact Christy Conklin at 650-712-1671 or christina.conklin@gmail.com, or Barbara Du Mond at 650-349-3784 or bdumond60@gmail.com.

Adult Enrichment

Special Program on Mental Health Ministry: "The Caring Congregation"

Saturday, Feb. 28, 9:00 am-2:00 pm,
 Hemingway Lounge
 Thursday evenings, March 5, 12, 19,
 26, and April 2, 7:00-9:00 pm, Cottage
 Living Room

This seven-session curriculum will help enhance our congregation's welcome, inclusion, and support of individuals and families coping with mental illness. For info, contact Pam Gehrke at 650-347-0582 or psgehrke@gmail.com.

Open Circles

Open Circles are groups of 6-10 people who meet for the sharing of views, accompanied by meditation, readings, and ritual. We currently have three Open Circles meeting.

Sunday Evening Open Circle -

Every 2nd and 4th Sunday,
 6:00-8:00 pm
 (next dates: March 8 and 22, April 12
 and 26)
 Cottage Living Room

Tuesday Evening Open Circle -

Every 2nd and 4th Tuesday,
 7:00-9:00 pm
 (next dates: March 10 and 24, April 7
 and 21)
 Cottage Living Room

Thursday Morning Open Circle -
 Every 2nd and 4th Thursday, 10:00 am-
 12:00 pm
 (next dates: March 12 and 26, April 9
 and 23)
 Hemingway Lounge

For info, contact Teri Roberts at 650-290-8101 or indigomuse63@aol.com.

The Long Strange Trip: A Journey through 2,000 Years of Unitarian and Universalist History

Every 4th Thursday, 6:30-8:00 pm
 (next dates: March 26, April 23,
 May 28, June 25)
 Hemingway Lounge

Join us for this ongoing viewing and discussion of the new six-part film series by UU historian Ron Cordes on Unitarian Universalist History. Please RSVP to Marty Hoffman at 650-876-1904 or martyjhoffman@gmail.com.

Ongoing

Knitter's Group

Every Sunday, 11:00 am-12:00 pm
 Ann Benner Room

All skill levels welcome! For info, contact Christina Berdoulay at 650-343-5042 or csberdoulay@sbcglobal.net.

Newcomer's Circle

Every 1st Sunday, 11:15 am-12:00 pm
 (next dates: March 1, April 5, May 3)
 Hemingway Lounge

Visitors are invited to our basic course on what Unitarian Universalism and UUSM are all about. No RSVP needed.

Meditation Group

Usually every 1st and 3rd Sunday,
 11:30 am-12:00 pm
 (next dates: March 1, April 5, May 3
 and 17)

Sit down and be still! (And meditate.)
 For info, contact Rob Voss at 650-658-6918 or powderbird@sbcglobal.net.

Walkie Talkies

Every 1st and 3rd Monday,
 9:30-10:30 am
 (next dates: March 2 and 16, April 6
 and 20, May 4 and 18)
 Offsite

Women's group strolls twice a month. For info, contact Phyllis Mitchell at 650-340-9091 or phyllismit@sbcglobal.net, or Sally Reed at 650-697-8433 or sareed650@aol.com.



For Ages 2.5 - 6

- Full/Half Day Schedules
- In Combination with Montessori Enriched Curriculum

Performing Arts

(June 15 - June 26)

Soccer Camp

(June 29 - July 10)

Kinder Science

(July 13 - July 24)

Farm Animals

(July 27- August 7)

Now Enrolling for Fall

(650) 340-8819

300 E. Santa Inez, San Mateo
KinderAcademyMontessori.com

Women's Potluck

Every 1st Monday, 6:00-8:00 pm
(next dates: March 2, April 6, May 4)
Beck Hall

All UUSM women are invited! For info, contact Phyllis Mitchell at 650-340-9091 or phyllismit@sbcglobal.net, or Sally Reed at 650-697-8433 or sareed650@aol.com.

Age-ing to Sage-ing

Every other Tuesday, 1:30-3:30 pm
(next dates: March 3, 17, and 31, April 14 and 28, May 12 and 26)
Hemingway Lounge

Seniors meet for mutual support. For info, contact Kim Mortyn at 650-574-3250 or kmortyn@gmail.com, or Dick Davis at 650-348-3966 or davisrlav@aol.com.

Women's Age-ing to Sage-ing

Sage-ing groups just for women. We currently have two groups meeting.

Group 1 - Every 2nd and 4th Tuesday, 7:00-8:30 pm
(next dates: March 10 and 24, April 14 and 28, May 12 and 26)
Hemingway Lounge

For info, contact Lillian Barden at 650-401-6089 or lilbarden@astound.net, or Randi Paynter at 510-333-4746 or randi.paynter@gmail.com.

Group 2 - Every 1st and 3rd Thursday, 1:00-2:30 pm
(next dates: March 5 and 19, April 2 and 16, May 7 and 21)
Hemingway Lounge

For info, contact Kathy Kinner at 650-571-7622 or kjkinner@gmail.com.

UUSM Choir Rehearsals

Every Wednesday, 7:00-8:45 pm
Sanctuary

Join the choir and lift your voice in song! For info, contact Music Director Shawn Reifschneider at 650-759-5942 or ShawnLeeR@aol.com.

Women's Chalice Oval

Every 2nd Wednesday, 7:00-8:30 pm
(next dates: March 11, April 8, May 13)
Hemingway Lounge

This women's Chalice "Circle" continues! For info, contact Debby Leschyn at 650-591-6616 or dleschyn@gmail.com.

Men's BBQ Night

Every 3rd Thursday, 6:00-8:00 pm
(next dates: March 19, April 16, May 21)
Patio, Beck Hall

Join the UUSM men for a meal from the grill and topical conversation. For info, contact Truman Smith at 650-740-9773 or trumanwsmith@gmail.com.

For more info on upcoming events, please visit www.uusanmateo.org.

Unitarian Universalists of San Mateo

Ministers

Rev. Ben Meyers, *Minister*
650-445-0172
minister@uusanmateo.org

Rev. Joy Atkinson, *Minister Emerita*
revjoy@aol.com

If you wish to meet with Rev. Ben Meyers, please contact him for an appointment.

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dre@uusanmateo.org

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650-445-0174
nancy@uusanmateo.org

Shawn Reifschneider, *Music Director*
650-445-0175
music@uusanmateo.org

Glenn Ricafrente, *Office Manager*
650-342-5946 x 1
office@uusanmateo.org

300 East Santa Inez Ave.,
San Mateo, CA 94401
650-342-5946 ■ fax 650-342-1777
office@uusanmateo.org
www.uusanmateo.org

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Unitarian Universalists of San Mateo

300 East Santa Inez
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